



bradley d davidson
CONVERSATIONS THAT INSPIRE.

“My Purpose & Vision” Starter Booklet

By Bradley Davidson, PhD

Are you ready to get clear on your purpose and vision?



*A message from
Bradley Davidson*

Hello!

Thank you for downloading the “My Purpose & Vision” starter booklet. Are you living your true calling and purpose in life? Do you know exactly what you were created to do and be? Are you leading your life, organization, or ministry from a deep sense of vision? If you answered ‘yes’ to all three of these questions, please give this booklet away to someone else who could use it. If you answered ‘no’ to any of these questions, is it time to get started understanding and living your purpose and vision?

For over ten years, I have dedicated myself to the study of life purpose and meaning. During this time, I have written a lot about purpose. I have coached hundreds of individuals who are seeking to understand and operate from a place of deep purpose and vision. This “My Purpose & Vision” starter booklet is just one of many tools and resources I offer my coaching clients to help them gain fresh insights and to think about their life and leadership in a new way.

My hope is that this booklet will at least be the catalyst to your deeper commitment to finding your unique purpose and vision. If I can be of assistance to you on this journey, please contact me at my website, www.bradleyddavidson.com.

My best to you and your purpose-filled life!

Brad

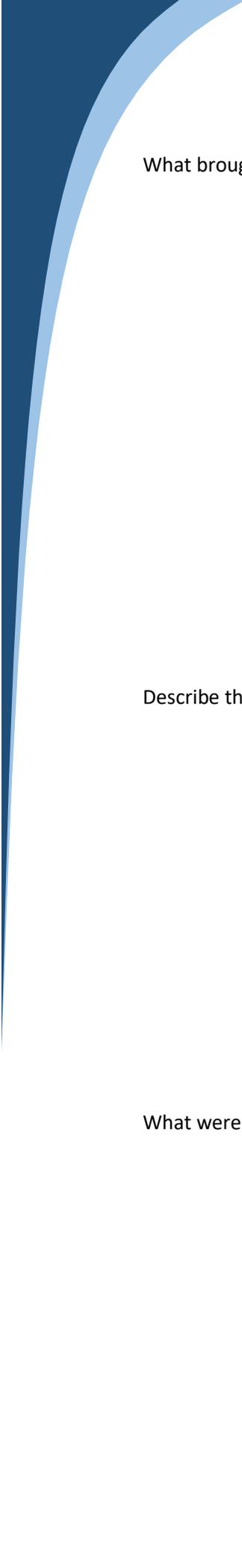
My Life Story

As we explore your purpose and vision, let's start with your life story. First, let's spend some time reflecting on your life so far. We will call this Part 1 of your story. For Part 1 of your story, split your life so far into two time-equal sections. For example, if you are 38 years old, let's call years 0-19 your "Early Years" and years 20-38 your "Recent Years". Now, reflect on the following questions for each of these parts of your life and write your responses in the spaces provided.

Part I Early Years

What, in your early years, made you feel happy, positive, and optimistic?

What, in your early years, made you feel unhappy, negative, and pessimistic?



What brought you an immediate sense of joy?

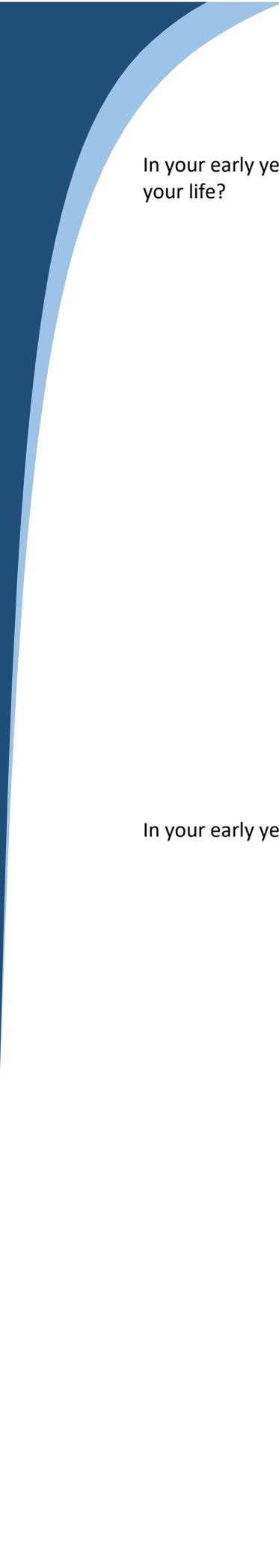
Describe the moments when an impressive talent of yours shone through? What was the talent?

What were your greatest accomplishments in your early years? What made them great for you?

What emerged as your greatest skills in your early years? Where did the skills emerge? What was the result?

What were you most grateful for in your early years? What made you grateful?

What risks did you take in your early years and what was the result of those risks?



In your early years, who were the most influential people in your life? What impact did they make in your life?

In your early years, who did you most admire? What did you admire about this person?

Recent Years

What, in your recent years, made you feel happy, positive, and optimistic?

What, in your recent years, made you feel unhappy, negative, and pessimistic?

What brought you an immediate sense of joy?



Describe the moments when an impressive talent of yours shone through? What was the talent?

What were your greatest accomplishments in your recent years? What made them great for you?

What emerged as your greatest skills in your recent years? Where did the skills emerge? What was the result?

What were you most grateful for in your recent years? What made you grateful?

What risks did you take in your recent years and what was the result of those risks?

In your recent years, who were the most influential people in your life? What change did they make in your life?



In your recent years, who did you most admire? What did you admire about this person?

Now let's think about Part 2 of your story; "My Next Chapters". Thinking about the future years of your life, reflect on the following questions and place your responses in the space provided

Part 2

My Next Chapters

What five things do you want to do before you die?

- 1.
- 2.
- 3.
- 4.
- 5.

What five things do you want to incorporate into your life on at least a weekly basis that will bring you happiness, joy, and optimism?

- 1.
- 2.
- 3.
- 4.
- 5.

How would you like to be more like the most influential people (or the people you most admired)?

What skills and talents would you most enjoy using?

Which of your strengths will lead you the farthest into your successful future?

Imagine that, toward the end of your life, a gala ball is thrown in your honor. Who would you want to be the three keynote speakers? What would you want them to say about you and your life?

Speaker 1: (Who) _____
What would you want them to say?

Speaker 2: (Who) _____
What would you want them to say?

Speaker 3: (Who) _____
What would you want them to say?

After reflecting on your life story, what steps do you need to take to move forward? I would love to partner with you as you create the next chapter.